

# CORONAVIRUS VACCINE INFORMATION

Covid-19 is a respiratory infection, is highly infectious and spreads through the air when people cough or sneeze, or when they touch surfaces where it has landed then touch their eyes, nose and mouth. Covid-19 can cause serious illness, hospitalisation and even death.

Getting your Covid-19 vaccination as soon as you can should protect you, and may help to protect your family and those around you.

The vaccine is the best way to protect yourself from Covid-19. It will reduce your risk of getting Covid-19. Catching Covid-19 can be serious and may lead to long term complications. Being healthy does not reduce your risk of catching Covid-19 and passing it on.

You can spread Covid-19 to family and those around you, even if you have very mild symptoms or no symptoms at all.

With high rates of Covid-19, it is more important than ever to stop the spread. The vaccine should help reduce the rates of serious illness and save lives.

## THE VACCINE IS NOW AVAILABLE

The vaccine is now available and we are prioritising the people who are at greater risk. The first people to be offered the free vaccine are:

- Residents and staff in care homes
- People aged 80 and over (or will be by 31 March 2021)
- Frontline health and social care staff

Vaccination of other groups will begin as soon as the supply of vaccine becomes available.

**NHS Scotland strongly recommends you get the vaccine as soon as it is offered to you.**

If you have any queries related to the Covid-19 vaccination, please visit [www.nhsinform.scot/covid19vaccine](http://www.nhsinform.scot/covid19vaccine) or call the Scottish Covid-19 vaccination helpline on 0800 030 8013 between 8.00am and 8.00pm Monday to Sunday.